

BENEFITS BASICS MAY 2023

Welcome To Your Newsletter!



We at the Fund hope you enjoy this introductory issue of *Benefits Basics*. It’s your one-stop-shop to staying up to date with current and new benefits information and resources. These newsletters will be released quarterly – so keep a look out! And remember, any information here you can find on the benefits site by visiting **poweringarizonabenefits.com** (or scan the QR code to save time).

Benefit	Website	Phone
Benefit Office (eligibility, COBRA, etc.): Zenith American Solutions	zenith-american.com	602-248-8434 or 800-553-2801
Medical: Blue Cross Blue Shield of Arizona	azblue.com	800-232-2345
Telehealth: BlueCare Anywhere	BlueCareAnywhereAZ.com	844-606-1612
Prescription drugs: MedImpact	medimpact.com	833-229-3589
Dental: Delta Dental of Arizona	deltadentalaz.com	800-352-6132, option 1
Vision: VSP	vsp.com	800-877-7195
Employee Assistance Program (EAP): ComPsych	guidanceresources.com	866-365-0801
Life and AD&D: Zenith American Solutions	zenith-american.com	800-553-2801
Short-Term Disability: Zenith American Solutions	zenith-american.com	800-553-2801
Pension	zenith-american.com	800-553-2801
Defined Contribution (401k)	principal.com or zenith-american.com	800-547-7754 800-553-2801



For more information and tips on how to best use your health benefits, read the Benefits Guide. Contact Zenith American Solutions at 602-248-8434 or 800-553-2801 for further assistance or visit **poweringarizonabenefits.com**.

Have You Heard the News?



IBEW 640/AZNECA now has a website and it's all for you. We understand how important it is to have easy access to your benefits information. Now with everything in one place and readily available, you will never have to stress about where to go or how to find information about your benefits.

All you need is on the benefits site, here is what you'll find:

- » **Eligibility information** for you (and your dependents), Hour Bank details, and eligibility termination guidelines
- » **Health and wellness benefits details**, including plan highlights
- » **Pension and 401(k) plan details**, explanations, and how to apply
- » **Benefits forms and documents**, contact information, and apps to download (so you can access your benefits on the go!)

Just visit poweringarizonabenefits.com to learn more.

Your Wellness Made Better

Taking care of yourself – and your dependents – just got easier! The Employee Assistance Program (EAP), now provided through ComPsych, offers additional care for you and your loved ones to help deal with issues both big and small. With six free, confidential sessions (per issue, per year), offered with a licensed professional counselor you can get care to help with any of the following:

- » Depression and anxiety
- » Financial or legal problems
- » Grief
- » Or anything on your mind
- » Substance abuse

And remember, if you require long-term professional care to address your issue, ComPsych will work with you to connect with a licensed mental health professional in your community.

For more information, contact ComPsych toll-free at (866) 365-0801 or visit the benefits site poweringarizonabenefits.com/health-and-wellness for further details.

Your Pension Credit Has Changed

An amendment was recently added to your defined benefit pension plan. The credit multiplier was increased to \$57 and, pensioners and beneficiaries in pay status as of November 1, 2022, received 3.6% increase to their monthly amount. Learn more about your pension benefits and how this increase will affect your retirement by visiting poweringarizonabenefits.com/pension.

Get Care, Anywhere

Telehealth can be a quick and easy, cost-effective alternative towards usual methods of getting care, such as visiting an urgent care or emergency room. When you need care that doesn't break the bank, Blue Cross Blue Shield of Arizona (BCBSAZ) offers you BlueCare Anywhere.

With BlueCare Anywhere, virtual visits are available 24/7. Just schedule a visit with a doctor, counselor, or psychiatrist, anywhere you have access to internet on your phone, tablet, or computer! With only a **\$10 copay** for telehealth visits, you can get the care you need anytime and save money while doing it. Visit bluecareanywhereaz.com for more information.

COVID-19 Emergency Is Ending

On May 11, 2023, the COVID-19 public health emergency period will end. This will result in some changes to your benefits:

- » COVID-19 testing and testing-related services (including telehealth visits for these services) will return to the normal cost sharing.
- » Approved COVID-19 vaccines will be covered as preventive services with no out-of-pocket costs when obtained in-network. Out-of-network (OON) vaccines will incur standard OON charges.
- » Standard requirements for pre-service review of COVID-19 testing, treatment, and admissions to post-acute care facilities will be reinstated.
- » Over-the-Counter (OTC) test kits for COVID-19 will continue to be covered through MedImpact.

If you have questions about your benefits, please contact Zenith at 602-248-8434 or visit our website poweringarizonabenefits.com.