⚠ The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit azblue.com/member. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-877-475-8440 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: $250/individual and $500/family Out-of-network: $2,000/individual and $4,000/family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible. Unless a copay, fee, or other percent is shown, the coinsurance percent of the allowed amount that you pay for most services is 20% in-network and 50% out-of-network.
Are there services covered before you meet your deductible?	Yes. Certain in-network preventive services; prescription drugs; emergency room care; in-network urgent care visits.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	Yes, $100 for dental plan benefits. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the medical out-of-pocket limit for this plan?	In-network: $4,000/individual and $10,000/family Out-of-network: $10,000/individual and Unlimited/family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is the prescription drug out-of-pocket limit for this plan?	In-network: $1,000/individual and $2,000/family Out-of-network: $10,000/individual and Unlimited/family	
What is not included in the out-of-pocket limit?	Premiums, out-of-network precertification charges, balance bills, and costs for health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019) (DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022)
(HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

Important Questions	Answers	Why This Matters:
Will you pay less if you use a network provider?	Yes. See www.azblue.com or call 1-877-475-8440 for a list of in-network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

⚠ All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	PCMH providers: $20 copay, deductible does not apply Other providers: 20% coinsurance	50% coinsurance & balance bill	Precertification may be required. $500 charge if no precertification for out-of-network services. Limit of 20 chiropractic visits/calendar year; Acupuncture covered, limit 12 visits/calendar year when rendered by an MD, DO or chiropractor who is also a licensed acupuncturist. $10 copay for medical telehealth consultations through BlueCare Anywhere℠.
	Specialist visit	PCMH OBGYN providers: $20 copay, deductible does not apply Other providers: 20% coinsurance		
	Preventive care/screening/ immunization	No charge, deductible does not apply	50% coinsurance & balance bill	Preventive services not required to be covered by state or federal law are not covered. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance & balance bill may apply	Cost share varies based on place of service and provider's network status and type. Precertification may be required. $500 charge if no precertification for out-of-network services.
	Imaging (CT/PET scans, MRIs)			

* For more information about limitations and exceptions, see the plan or policy document at www.azblue.com/member.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available through MedImpact at www.medimpact.com or 1-800-788-2949	Level 1 (Generic drugs)	The greater of 10% or $10 per prescription 30 day (retail); $20 per prescription - 90 day Retail or (home delivery)	40% coinsurance/prescription (retail); Not covered (home delivery)	Coverage is limited up to a 90-day supply (retail and home delivery); up to a 30-day supply (retail and home delivery) for Specialty drugs. Certain limitations may apply, including, for example: prior authorization, step therapy, quantity limits. Copays apply each time you fill a prescription supply. Some drugs require precertification and won't be covered without it. If a brand name drug is dispensed in place of a generic when a generic drug is available, you will pay the brand copayment plus the difference in cost between the generic and brand name drug.
	Level 2 (Preferred brand drugs)	The greater of 20% or $20 per prescription 30 day (retail); $40 per prescription - 90 day Retail or (home delivery)	40% coinsurance/prescription (retail); Not covered (home delivery)	
	Level 3 (Non-preferred brand drugs)	The greater of 50% or $50 per prescription 30 day (retail); $90 per prescription 90 day Retail or (home delivery)	40% coinsurance/prescription (retail); Not covered (home delivery)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance & balance bill	Precertification may be required. $500 charge if no precertification for out-of-network services. Additional $200 access fee for all bariatric surgeries.
	Physician/surgeon fees		50% coinsurance & balance bill may apply	
If you need immediate medical attention	Emergency room care	$300 copay, deductible does not apply		Copay is waived if you are admitted as an inpatient to the hospital and you pay inpatient deductible and coinsurance. Admittance for observation is not inpatient. Out-of-network providers can't balance bill for the difference between the allowed amount and the billed change.
	Emergency medical transportation	20% coinsurance		None
	Urgent care	$100 copay, deductible does not apply		None

* For more information about limitations and exceptions, see the plan or policy document at www.azblue.com/member.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	$200 access fee plus 20% coinsurance	50% coinsurance & balance bill	Precertification may be required. $500 charge if no precertification for out-of-network services. Additional $200 access fee for all bariatric surgeries.
	Physician/surgeon fees		50% coinsurance & balance bill may apply	
	Long-term acute care	20% coinsurance	50% coinsurance & balance bill	Precertification may be required. $500 charge if no precertification for out-of-network services. 60 day limit combined with EAR and SNF.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% coinsurance	50% coinsurance & balance bill may apply	Precertification may be required. $500 charge if no precertification for out-of-network services. $10 copay for counseling and $10 copay for Psychiatric telehealth consultations through BlueCare Anywhere℠.
	Inpatient services	$200 access fee plus 20% coinsurance	50% coinsurance & balance bill may apply	Precertification may be required. $500 charge if no precertification for out-of-network services.
If you are pregnant	Office Visits	PCMH OBGYN providers: $20 copay, deductible does not apply Other providers: 20% coinsurance	50% coinsurance & balance bill	Depending on the type of services, a coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Cost sharing does not apply for in-network preventive services.
	Childbirth/delivery professional services		50% coinsurance & balance bill may apply	
	Childbirth/delivery facility services	$200 access fee plus 20% coinsurance	50% coinsurance & balance bill	

* For more information about limitations and exceptions, see the plan or policy document at www.azblue.com/member.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care/Home infusion therapy	20% coinsurance	50% coinsurance & balance bill	Precertification may be required. $500 charge if no precertification for out-of-network services. Limit of 6 hours of care/member/day. Custodial care excluded.
	Rehabilitation services • EAR = Extended Active Rehabilitation Facility • PT/OT/ST = Physical Therapy, Occupational Therapy, Speech Therapy	20% coinsurance	50% coinsurance & balance bill	Precertification may be required. $500 charge if no precertification for out-of-network services. Limit of 60 days/calendar year for EAR, LTAC and SNF combined. Limit of 60 combined visits/calendar year for PT/OT/ST/CT/Pulmonary therapy. Cardiac therapy limit of 36 visits. Plan does not cover group physical and occupational therapy.
	Habilitation services	Not covered	Not covered	
	Skilled nursing care In skilled nursing facility (SNF)	20% coinsurance	50% coinsurance & balance bill	
	Durable medical equipment	20% coinsurance	50% coinsurance & balance bill	Precertification may be required. $500 charge if no precertification for out-of-network services. Cost share varies based on place of service and provider's network status and type. Limit of 1 hearing aid per member per ear every 5 calendar years.
	Hospice services	20% coinsurance	50% coinsurance & balance bill	Precertification may be required. $500 charge if no precertification for out-of-network services.
If your child needs dental or eye care	Children's eye exam	$10 copayment/visit. deductible does not apply.	You pay 100%. Plan reimburses up to $45 per exam (minus $10 copayment for exam & eyeglasses).	One vision exam payable each 12 months. One pair of frames is payable each 24 months. One pair of lenses payable every 12 months. Your cost sharing for vision services does not count toward your medical plan's out-of-pocket limit. Medical deductible does not apply. Vision coverage is through VSP.
	Children's glasses	No charges for lenses. $10 copayment for frames up to $175/frame. You pay frame cost over $175/frame.	You pay 100%. Plan reimburses up to $70 per frame and up to $30/single lens. You pay any amount over $70/frame and $30/single lens.	

* For more information about limitations and exceptions, see the plan or policy document at www.azblue.com/member.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Children's dental check-up	No charge for preventive and basic services	No charge for preventive and basic services	Dental coverage is through Delta Dental of AZ

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture exceeding 12 visits
- Alternative medicine
- Care that is not medically necessary
- Cosmetic surgery, cosmetic services & supplies
- Custodial care
- DME rental/repair charges that exceed DME purchase price
- Experimental and investigational treatments except as stated in plan
- Fertility and infertility medication and treatment
- Flat feet treatment and services except as stated in plan
- Genetic and chromosomal testing except as stated in plan
- Habilitation services
- Home health care and infusion therapy exceeding 6 hours of care per member per day
- Inpatient EAR and inpatient SNF treatment exceeding 60 days combined per calendar year
- Long-term care, except long-term acute care up to a 60 days benefit plan maximum
- Massage therapy other than allowed under medical coverage guidelines
- Preventive services not required to be covered by state or federal law
- Private-duty nursing
- Respite care except as stated in plan
- Routine foot care
- Services, tests and procedures that are excluded under medical coverage guidelines
- Sexual dysfunction treatment and services
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery, limited to one surgery per lifetime
- Chiropractic care limited 20 visits per year
- Hearing aids, limited to $750 one hearing aid per member per ear every 5 calendar years
- Non-emergency care when traveling outside the U.S.
- Wigs limited to $350

* For more information about limitations and exceptions, see the plan or policy document at www.azblue.com/member.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For group health coverage subject to ERISA, contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

- For non-federal governmental group health plans, contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov.

- Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact the Arizona Department of Insurance (602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area) regarding their possible rights to continuation coverage under State law.

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- For group health coverage subject to ERISA, contact Blue Cross Blue Shield of Arizona at 1-877-475-8440. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. If your coverage is insured, you may also contact the Arizona Department of Insurance at 602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area.

- For non-federal governmental group health plans and church plans that are group health plans, contact Blue Cross Blue Shield of Arizona at 1-877-475-8440. If your coverage is insured, you may also contact the Arizona Department of Insurance at 602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area.

Does this plan provide Minimum Essential Coverage? Yes
Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

* For more information about limitations and exceptions, see the plan or policy document at www.azblue.com/member.

Multi-language Interpreter Services

Spanish: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue Cross Blue Shield of Arizona, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 602-864-4884.

Navajo: Díí kwe'é atah nílínígíí Blue Cross Blue Shield of Arizona haada yit'éego bína'ídílkidgo éí doodago Háida bíjá anilyeedígíí t'áadoo le'é yína'ídílkidgo beehaz'áanii hóló díí t'áá hazaadk'ehjí háká a'doowołgo bee haz'á doo bááh ílínígóó. Ata' halne'ígíí kojí' bich'j' hodíílnih 877-475-4799.

Chinese: 如果您，或是您正在協助的對象，有關於插入項目的名稱 Blue Cross Blue Shield of Arizona 方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話 在此插入數字 877-475-4799。

Vietnamese: Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Blue Cross Blue Shield of Arizona quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 877-475-4799.

Arabic:

إن كان لديك أو لدى شخص تساعده أسئلة بخصوص Blue Cross Blue Shield of Arizona، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة .للتحدث مع مترجم اتصل ب 877-475-4799.

Tagalog: Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Blue Cross Blue Shield of Arizona, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 877-475-4799.

Korean: 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Blue Cross Blue Shield of Arizona 에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 877-475-4799 로 전화하십시오.

French: Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Arizona, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 877-475-4799.

German: Falls Sie oder jemand, dem Sie helfen, Fragen zum Blue Cross Blue Shield of Arizona haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 877-475-4799 an.

Russian: Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Blue Cross Blue Shield of Arizona, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 877-475-4799.

Japanese: ご本人様、またはお客様の身の回りの方でも、Blue Cross Blue Shield of Arizona についてご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。通訳とお話される場合、877-475-4799 までお電話ください。

Farsi:

اگر شما، یا کسی که شما به او کمک میکنید ، سوال در مورد Blue Cross Blue Shield of Arizona ، داشته باشید حق این را دارید که کمک و اطلاعات به زبان خود را به طور رایگان دریافت نمایید .877-475-4799 تماس حاصل نمایید.

Assyrian:

[illegible] Blue Cross Blue Shield of Arizona [illegible] 877-475-4799.

Serbo-Croatian: Ukoliko Vi ili neko kome Vi pomažete ima pitanje o Blue Cross Blue Shield of Arizona, imate pravo da besplatno dobijete pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 877-475-4799.

Thai: หากคุณ หรือคนที่คุณกาลังช่วยเหลือมีคำถามเกี่ยวกับ Blue Cross Blue Shield of Arizona คุณมีสิทธิที่จะได้รับความช่วยเหลือและข้อมูลในภาษาของคุณได้โดยไม่มีค่าใช้จ่าย พูดคุยกับล่าม โทร 877-475-4799

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About These Coverage Examples

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	$250
■ Specialist *coinsurance*	20%
■ Hospital (facility) *coinsurance*	20%
■ Other *coinsurance*	20%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	$12,700

In this example, Peg would pay:

Cost Sharing	
Deductibles	$250
Copayments	$230
Coinsurance	$2,420
What isn't covered	
Limits or exclusions	$50
The total Peg would pay is	$2,950

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	$250
■ Specialist *coinsurance*	20%
■ Hospital (facility) *coinsurance*	20%
■ Other *coinsurance*	20%

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	$5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles	$250
Copayments	$670
Coinsurance	$190
What isn't covered	
Limits or exclusions	$20
The total Joe would pay is	$1,130

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	$250
■ Specialist *coinsurance*	20%
■ Hospital (facility) *coinsurance*	20%
■ Other *coinsurance*	20%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	$2,800

In this example, Mia would pay:

Cost Sharing	
Deductibles	$250
Copayments	$350
Coinsurance	$430
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	$1,030

The plan would be responsible for the other costs of these EXAMPLE covered services.

Blue Cross Blue Shield of Arizona (BCBSAZ) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. BCBSAZ provides appropriate free aids and services, such as qualified interpreters and written information in other formats, to enable people with disabilities to communicate effectively with us. BCBSAZ also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, call 602-864-4884 for Spanish and 1-877-475-4799 for all other languages and other aids and services.

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